

Personalised Care Team

Who are we?

We are a team of professionals who support all 7 surgeries within the South Hambleton and Ryedale Primary Care Network.

Carla Burrett, Lisa Robertson and Gill Barrett - Social Prescribing Link Workers

Lydia Cunniffe and Louise Gregg - Care Coordinators

Kayley Link - Health and Wellbeing Coach

Jenny Porter and Ruth Kay - Occupational Therapists

How to contact us

Helmsley Surgery

01439 770288

Kirkbymoorside Surgery

01751 431254

Millfield Surgery

01347 821557

Pickering Surgery

01751 471296

Stillington Surgery

01347 810332

Terrington Surgery

01653 648260

Tollerton Surgery

01347 838231

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Personalised Care Team

Personalised care is based on 'what matters' to people and their individual strengths and needs.

Benefits of Personalised Care

Personalised care simply means giving people more control and choice when it comes to the way their care is planned and delivered, considering individual needs, preferences, and circumstances.

Personalised care aims to enable people to become advocates for their own care by developing their knowledge, skills, and confidence.



South Hambleton and Ryedale
Primary Care Network

What service does the Personalised Care Team provide?

We can provide:

- Support to improve confidence and ability to manage health conditions and daily life.
- Access to meaningful activities, social prescribing.
- Early intervention to reduce the risk of situations becoming crises.
- Help to identify and work to address issues that may be impacting on wellbeing such as social isolation or anxiety.
- Advice about advance care planning conversations and documentation of wishes.
- Coordination to people with complex health and social needs where multiple departments/agencies are involved.

How do I contact the Personalised Care Team?

Please speak to your reception team/health care provider to see if the Personalised Care Team can help you.

Please refer to the surgery telephone numbers included overleaf.